R E P O R T R E S U M E S

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PHYSICAL EDUCATION AND RECREATION FOR THE MENTALLY RETARDED.
AMERICAN ASSN. FOR HEALTH, P. E. AND RECREATION
JOSEPH P. KENNEDY, JR. FOUNDATION, WASH., D.C.

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THIS GUIDE CONTAINS AN ANNOTATED LIST OF SELECTED AUDIOVISUAL MATERIALS IN PHYSICAL EDUCATION AND RECREATION FOR THOSE WORKING IN THE FIELD OF MENTAL RETARDATION. INFORMATION ABOUT THE TECHNICAL ASPECTS, SUBJECT MATTER, AND RENTAL OR PURCHASE IS PROVIDED FOR 32 FILMS, 23 RECORDS, 16 TAPE RECORDINGS, AND THREE SLIDE PRESENTATIONS. THIS DOCUMENT WAS PUBLISHED BY THE AMERICAN ASSOCIATION FOR HEALTH, PHYSICAL EDUCATION, AND RECREATION, 1201 SIXTEENTH STREET, N.W., WASHINGTON, D.C. 20036. (TM)

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AUDIO-VISUAL GUIDE:

Physical Education and Recreation for the Mentally Retarded

EC 001 702

DEC 1 1967

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Physical Education and Recreation for the Mentally Retarded

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Project on Recreation and Fitness for the Mentally Retarded

Sponsored by the American Association for Health, Physical Education, and Recreation in cooperation with the Joseph P. Kennedy Jr. Foundation

1201 Sixteenth Street, N.W., Washington, D. C. 20036

Introduction

This *Audiovisual Guide* has been developed to provide those working in the field of mental retardation with an annotated list of audiovisual materials in physical education and recreation. In addition, selected films, slide programs, and records of general interest have been included because of their relationship and implication for programing in physical education and recreation. The development of this publication has been influenced by the number of requests for such information from personnel representing a variety of professional disciplines and specialities.

Each film, slide program, or tape recording listed has been reviewed by the staff of the Project on Recreation and Fitness for the Mentally Retarded. All listings are felt to be appropriate for certain audiences in particular situations and to achieve specific goals. Professionals who deal with the mentally retarded, educators in general, recreation personnel, volunteers, parents, and the general public will find these films informative and useful. Classes in medicine, nursing, psychology, social work, clergy, and education will find many of the films appropriate and applicable. Many of the materials are valuable for public health personnel, workers in mental health fields, and personnel of welfare and rehabilitation agencies. These are adaptable for inclusion in workshops, clinics, and institutes. Few of the records listed were developed specifically for use with the retarded but each has been successfully used in programs for the educable and/or trainable. These examples should be looked upon as the type to consider when selecting records for use in programs for the retarded.

The reader is encouraged to send information to the Project Director about films, slide presentations, film strips, or other audiovisual materials dealing with physical education, recreation, or dance for the mentally retarded. While the present edition of this Guide does not include materials in health or safety, such an expansion is planned as materials are developed and brought to the attention of the Project Staff. We are especially interested in including presentations developed as part of research investigations and about on-going programs.

There are additional sources that the interested reader can contact to obtain information about other aspects of mental retardation (i.e., community programs, Down's Syndrome, education, group therapy, PKU, parent counseling, research, severe retardation, testing, training programs, vocational training). University affiliated audiovisual centers, special instructional materials centers for handicapped children, commercial and semi-commercial distributors, local libraries, and public health agencies are among those which should be contacted for information about these films. The National Association for Retarded Children (420 Lexington Avenue, New York, 10017) distributes a *Guide of Audio-Visual Media and Materials on Mental Retardation* (50 cents) which is highly recommended.

FILMS

Aids for Teaching the Mentally Retarded

16 mm

sound

color

38 1/2 minutes

This series was developed to help fill deficiences of resources available for in-service training in the field of mental retardation. The films were taken at Laradon Hall School for Exceptional Children, Denver, Colorado, to show the functional teaching approach that stresses gradualism in instruction, transition from one activity to another, and the initial object-orientation from which abstraction may follow. The scenes show that the trainable (IQ 25-50) can learn through a series of concrete, object-oriented exercises. The various mechanical devices used in this program to develop motor, sensory-perceptual, and integrated motor-perceptual skills are unique in their application, but not in their availability. Many are being made by retardates in their own sheltered workshop. Construction often requires only basic knowledge of wood working, some inexpensive lumber, and paint.

TO BORROW OR RENT: Apply to Bureau of Audio-Visual Instruction, University of Colorado, Boulder, 80302; College Film Center, 332 South Michigan Avenue, Chicago, Illinois, 60604; New York University Film Library, 26 Washington Square, New York, 10003. Check your state university or college film libraries for additional copies.

TO PURCHASE: Apply to Thorne Films, Inc., 1229 University Avenue, Boulder, Colorado.

See next two pages for information and description of each of the five phases of this series.

Motor Training

Phase A

11 minutes

Unique devices and exercises stimulate the passive child to initiate activities and help him to understand cause and effect relationships. The crawling maze, stepping ladder, table swing, balance beam, and swimming tables are designed to improve locomotion, coordination, spatial orientation, and balance. Climbing obstacles, sinking tires, and off-centered tires introduce the child to a variety of sensations and experiences through which he may increase motor control and gain awareness of his body and what it can perform.

PURCHASE PRICE: $132.00

Initial Perceptual Training

Phase B

7 1/2 minutes

Exercises involving various sensory areas are provided to help improve perceptual skills. In matching cards, nuts and bolts, sound and weight boxes, the child learns to discriminate with respect to sight, touch, weight, and sound. In arranging colored nails on a painted board or in aligning the movable discs of a pattern column, the student develops manual dexterity and improves hand-eye coordination.

PURCHASE PRICE: $90.00

Advanced Perceptual Training

Phase C

9 minutes

Building upon previous exercises, new experiences are provided that help the student to make decisions and draw conclusions. The child learns to manipulate devices such as the slot box and electric maze, which are adjusted to his level of dexterity and can be altered to challenge his increasing skill. The ferris wheel and jumping peg provide friendly competition among the students and encourage rapid decision making.

Counting pans teach quantitative relationships between numbers and objects. Use of the number columns enables solution of arithmetic problems of increasing difficulty.

PURCHASE PRICE: $108.00

Integrated Motor-Perceptual Training

Phase D

6 minutes

Activities that integrate movement and perception are emphasized. Hop scotch requires concentration and muscle coordination. Roller skating promotes an awareness of the body and its capabilities. Folk dancing is a skill that also teache social courtesies and consideration for others. Singing develops a sense of rhythm and improves auditory acuity. Varied craft activities often point the way toward vocational aptitudes that may be developed by further training. Completed craft articles provide the student with tangible and satisfying evidence of his accomplishment.

PURCHASE PRICE: $77.00

Sheltered Workshop

Phase E

5 minutes

Actual work experiences adjusted to the levels of their abilities are offered to students in the training phase of the sheltered workshop program. Working on a sub-contract basis, they process products that are used in the consumer market. The work is divided into simplified steps that can be mastered by the students. The operation is facilitated by the use of specially designed guiding devices. Financial proceeds are divided among the trainees who enjoy being useful and productive wage earners.

PURCHASE PRICE: $65.00

Arts and Crafts for the Slow Learner

16 mm

sound

black and white

26 minutes

The values and contributions of arts and crafts to the total development (physical, social, emotional, and mental) of the slow-learner and the mentally retarded are emphasized. Students in public schools (CA 8-11, 12-14, and 15-18) participate in numerous types of arts and crafts including paper mache, finger painting, wet chalk drawing, potato carving, kniting, glass painting, bead stringing, wood burning, leather craft, copper tooling, clay sculpture, and loom weaving. Many of the projects shown are done with free or inexpensive materials and are correlated with different academic areas.

TO RENT OR PURCHASE: Apply to SWS Educational Films, 3031 Kallin Avenue, Long Beach, California.

RENTAL PRICE: $6.50 for three days; $10.00 for five days plus shipping charges.

PURCHASE PRICE: $100.00

Becky

16 mm

sound

color

15 minutes

Becky is a film about a young Mongoloid girl and her family. Scenes show some of her day-to-day, hour-to-hour activities at home and at school. Her parents describe and discuss the impact that the news of Becky's retardation had upon them, and how they learned to accept it as she was included as an integral part of the total family unit. The hopes, fears, joys, and sorrows are realistically handled as a typical day in Becky's life is viewed.

TO RENT OR PURCHASE: Apply to Stuart Finley, 3428 Mansfield Road, Lake Barcroft, Falls Church, Virginia, 22041.

RENTAL PRICE: $15.00

PURCHASE PRICE: $150.00

Bright Boy — Bad Scholar

16 mm

sound

black and white

25 minutes

Dr. Sam Rabinowitz discusses the theory and practice involved in the program of the Learning Clinic affiliated with the Montreal (Canada) Children's Hospital. Emphasis is upon the variety of skills and abilities necessary to learn and upon the many facets that make-up the "intelligence" of an individual. The importance of shape discrimination, eye mobility, and left-right relationships is discussed in terms of their importance in learning to read; physical coordination is shown to be basic in learning to write. Simple tasks combining perception, interpretation and action are demonstrated as the teacher and parent try to focus on what the child can do as well as what he can't do. The young child "thinks" with his muscles through movement and activity so that clumsiness, awkwardness, and lack of coordination are in reality problems in "thinking" for him. It is important that the child experience success as emphasis is placed upon ability.

TO RENT OR PURCHASE: Apply to Contemporary Films, 267 West 25th Street, New York, New York, 10001.

PURCHASE PRICE: $150.00

Note: While this film deals with children of average or better intelligence who have difficulty in learning, the rationale and principles involved in attacking these problems are quite appropriate and applicable for the mentally retarded.

Building Children's Personalities with Creative Dancing

16 mm

sound

color

black and white

30 minutes

Through creative dance children are led through various activities that stimulate self-expression. The role of the teacher in setting the climate for this learning experience is clearly demonstrated. The children are eager to dance but like most children are embarrassed and tense. To help them overcome their inhibitions about dancing in a creative fashion, the teacher guides them through basic movements, praising, them to build their confidence while inspiring their imaginations with vivid word pictures. The children reveal deeper feelings, stamping, whirling, and leaping to express themselves in their own individual ways. Many of the approaches and techniques demonstrated are appropriate and applicable for the mentally retarded.

TO BORROW OR RENT: Apply at your local school district audiovisual center, public library, or write to your nearest university extension division film library. Rental prints may be ordered from Bailey Films, Inc., 6509 De Longpre Avenue, Hollywood, California.

TO PURCHASE: Apply to Bailey Films, Inc. (Address above)

RENTAL PRICE: $15.00 for three days.

PURCHASE PRICE: $275.00 color; $175.00 black and white.

Note: This film has won the Award of Merit, Boston Film Council and was selected for exhibition at the University of Illinois Festival of Contemporary Arts.

Care of the Young Retarded Child

16 mm

sound

color

18 minutes

Since every parent should understand the growth and developmental patterns of children from infancy through early years, knowledge of normal child progress provides valuable information and guidance in the care of the young retarded child. Actual feeding situations demonstrate the various levels of child development. A series of feeding sequences comparing a normal child, a retarded child of the same chronological age, and a normal, younger child clearly illustrates the value of early assessment of the infant in order to insure a proper feeding and training program.

TO BORROW OR RENT: Apply to your state or local health department, mental health society, public library, or nearest university film library, even if this film is not yet listed in its current catalog.

TO PURCHASE: Apply to International Film Bureau, Inc., 332 S. Michigan Avenue, Chicago, Illinois, 60604.

PURCHASE PRICE: $195.00

Note: While this film does not deal directly with physical education or recreation, it is included in this listing because of the comparisons it makes between the retarded and normals of various developmental levels. Much of the rationale from this film can be applied to other areas.

A Demonstration Lesson in Physical Education

16 mm

sound

black and white

28 minutes

This film depicts the approaches and techniques of Mr. Ernie Davis and some of the activities he includes in the physical education program at Crowley Special School, St. Paul, Minnesota. I'Q.'s of the participating children range from 50 to 80 (mean of 72) while their mean chronological age is about thirteen. Activities demonstrated include: responding to commands; lining up and counting off; running relay races; participating in circle games; organizing squads; using innovative and creative warm-up activities; teaching tumbling activities (shoulder roll, progressively to the hand stand); and doing partner stunts. Valuable, practical, and highly motivating teaching procedures and methods are used by Mr. Davis throughout the demonstration lesson. A great deal of emphasis is placed upon physical education as an integral part in the total learning process and in presenting skills that can carry-over to other areas.

TO RENT OR PURCHASE: Apply to Director, Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C. 20036.

PURCHASE PRICE: $125.00 (approximately)

Note: Attention of those using the film is called to The Ernie Davis Lesson Plans Book (Emyth Company, Inc., St. Paul, Minnesota) which complements and supplements the film. There is consistency between the approaches outlined in the book and as they are demonstrated in the film.

Game of the Year

16 mm

sound

black and white

15 minutes

Residents of Rainier School (Buckley, Washington) and Lakeland Village (Medical Lake, Washington) were invited to participate in a special basket ball game in Everett, Washington, to provide a new educational experience for the residents in both schools. A variety of activities were included as a part of the overall experience. In addition to a parade,talent show, and dance, the residents of the two facilities had an opportunity to get away from their respective institutions, to eat in public restaurants, and to spend the night out while participating in the activities involved in the "Game of the Year" celebration.

TO RENT OR PURCHASE: Apply to Jim Ennis, Director of Health, Physical Education, Athletics, and Recreation, Everett Public Schools, Auditorium Building, Everett, Washington, 98201.

RENTAL PRICE: Handling and postage charges only.

I.Q. — Questionable Criterion

16 mm

sound

color

13 minutes

The prevalent procedure found in most school systems is to diagnose and classify children on the basis of a single test score, the I.Q. The fallacies and problems arising from placing students on the basis of a single criterion measure are examined. In the Ridley School District (Folsom, Pennsylvania), this problem has been minimized through the establishment of a comprehensive diagnostic evaluation and work-up involving many specialists (opthalmalogist, audiologist, neurologist, psychologist, psychiatrist, pediatrician, and educational specialists). The role of the sociological-home case worker, school administrators, parents, and classroom teachers is explored. Interpreting findings, staffing procedures, and emphasis upon a true inter-disciplinary attack upon the learning problems of children are stressed.

TO RENT OR PURCHASE: Apply to Stuart Finley, 3428 Mansfield Road, Lake Barcroft, Falls Church, Virginia, 22041.

RENTAL PRICE: $15.00

PURCHASE PRICE: $150.00

Movigenic Curriculum

16 mm

sound

black and white

41 minutes

An experimental curriculum for children with learning disorders is explained. Shown are a variety of movement activities emphasizing muscular strength, balance, body awareness, spatial awareness, visual training, auditory dynamics, kinesthesia, tactual dynamics, bilaterality, rhythm, flexibility, and motor planning.

TO RENT OR PURCHASE: Apply to Bureau of Audio-Visual Instruction, P. O. Box 2093, 1312 West Johnson Street, Madison, Wisconsin, 53706.

RENTAL PRICE: $2.00

PURCHASE PRICE: $165.00

New Experiences for Mentally Retarded Children

16 mm

sound

black and white

36 minutes

This film shows how classroom activities and a summer camping program were integrated and correlated into a meaningful learning experience for a class of trainable children enrolled in a public elementary school. Featured in the film are: (1) the classroom work which preceded the camping experience, (2) the teachers meeting with the parents to acquaint them with the camp program; and (3) the children participating in many of the camp activities, emphasizing each as a learning experience. Also shown are nightly staff conferences to evaluate the day's activities and to plan the program for the next day.

TO RENT OR PURCHASE: Apply to Film Production Service, State Department of Education, Richmond, Virginia.

RENTAL PRICE: $6.00

Physical Education at Packwood School

16 mm

silent

black and white

15 minutes

This film is an authentic record of the types of activities used by Dr. James N. Oliver in his study of mentally subnormal adolescent boys. The whole film was taken in one day during the seventh week of the ten-week experimental period. The film is a chronicle of this ten-week program and includes the gymnastic table, strengthening activities, log exercises, roadwork, remedial gymnastics, partner work, special fitness activities, and games.

TO BORROW: Apply to Director, Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C. 20036.

TO PURCHASE: Apply to Dr. James N. Oliver, School of Education, The University, Birmingham 15, England.

PURCHASE PRICE: Approximately $50.00

Note: A taped narration accompanies this film which can be played during the showing of the film or used to become acquainted with the film for doing one's own narration.

Physical Education: Lever to Learning

16 mm

sound

color

20 minutes

Emphasis in this film is upon the use of wholesome, vigorous physical activity as a medium for motivating and challenging the mentally retarded to improved performance and in stimulating his total growth and development. The breadth of these activities is such that all retardates regardless of their age, background, experience, or functional level, can find ones in which they can achieve and succeed. Primary and intermediate educable youngsters are shown negotiating obstacles on an improvised confidence course of tires, ropes, ladders, softball backstop, hurdles, a jungle gym, and a balance beam. Advanced elementary school educable youngsters are shown participating in indoor activities involving chairs, logs, ropes, and balance boards.

TO RENT OR PURCHASE: Apply to Stuart Finley, 3428 Mansfield Road, Lake Barcroft, Falls Church, Virginia, 22041.

RENTAL PRICE: $15.00

PURCHASE PRICE: $200.00

Physical Education Program for Mentally Retarded

16 mm

silent

color

15 minutes

The content of the program at The Ridley Public Schools, Folsom, Pennsylvania, has been built upon the concept of neurological organization as developed at the Institutes for the Development of Human Potential, Philadelphia, Pennsylvania. Descriptions of the program shown in this film deal with psychological and physical evaluation; neurological tests including those for dominance of hand, foot, and eye; teaching techniques stressing crawling, creeping, skipping, coordination, eye dominance, and balance. The initial evaluation and a reevaluation are important inclusions. All activities shown are consistent with the Doman-Delacato rationale. This film was taken during the first year in which the Ridley Schools participated in the AAHPER pilot-study demonstration program.

TO RENT OR PURCHASE: Apply to Anthony Mannino, Psychologist, Ridley School District, Administration Building, Morton Avenue, Folsom, Pennsylvania, 19033.

PURCHASE PRICE: $100.00

RENTAL PRICE: $15.00

Physical Performance of the Mentally Retarded

videotape

sound

black and white

90 minutes

This videotape records the complete session on "Physical Performance of the Mentally Retarded" at the Third International Scientific Symposium on Mental Retardation, April 11, 1966, in Boston, Massachusetts. Presentations include "The Nature of Physical Performance in the Mentally Retarded" by Dr. Frank Hayden; "The Factor Structure of Motor Abilities of Educable Mentally Retarded Children" by Dr. G. Lawrence Rarick; "Physical Performance of Retarded Children: Diagnosis and Prescription" by Dr. Jack Keogh; "Current Status of Research on Physical Activity for the Retarded" by Dr. Julian U. Stein, and "Recreation for the Severely Mentally Handicapped" by Dr. James N. Oliver.

TO RENT OR PURCHASE: Apply to WGBH-TV, Boston, Massachusetts.

Note: A quadruplex videotape machine is necessary for showing. It is possible to make a tape-to-film transfer so conventional equipment can be used. Details should be obtained from local audiovisual personnel and/or the staff at WGBH-TV.

Pine School Summer

16 mm

sound

black and white

10 minutes

This film records two phases of a summer school outdoor education program for culturally disadvantaged educable mentally retarded children. In Phase I, instruction was given in the classroom and on the playground in science, recreation, camping, and homemaking as each related to camping and outdoor education. In Phase II, nature activities, hiking, fishing, other types of recreational activities, and camp chores were activities engaged in during the camp program. Phase III, not shown in this film, consisted of a reevaluation of the participants and their evaluation of the project.

TO RENT OR PURCHASE: Apply to James Andrews, 219 River View, Iowa City, Iowa, 52240.

Note: This film highlights a project done at the University Hospital School, University of Iowa, Iowa City, during the summer of 1966.

A Program of Development Motor Activities

16 mm

sound

color

22 minutes

A program of developmental motor activities built around the concept of neurological organization as practiced at the Developmental Clinic, University of Southwestern Louisiana, Lafayette, is presented. Fundamental to this approach is the premise that neurological organization is essential to visual perception, spacial relationships, reading skills, and writing, and that an improvement in the neuromotor area should contribute to increased performance in the academic areas as well. Four recognized levels of development (moving arms and legs without forward movement; crawling; creeping; and walking) are demonstrated by the student clinicians who are working with youngsters in different activities and with a variety of approaches which promote neurological organization.

TO BORROW: Apply to Director, Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C., 20036.

TO RENT OR PURCHASE: Apply to Miss Patricia Johnson, Health and Physical Education Department, University of Southwestern Louisiana, Lafayette, 70501.

RENTAL PRICE: $10.00 per week

PURCHASE PRICE: $120.00

Recreation Center for the Handicapped

16 mm

sound

color

23 minutes

Founded in 1952, the Recreation Center for the Handicapped provides year round programs for the severely handicapped. Emphasis of the program is upon development of happiness and contentment as each individual, regardless of his impairment, learns to do for himself and to stand on his own two feet. Scenes include participants active in checkers, music activities (tamborine and bongos), clay work, outdoor activities, table games, wrestling, swimming, fishing and casting, woodworking, playground activities, snow and winter activities, and dancing. Some of the many ways in which the participants help each other are vividly shown.

TO BORROW: East of the Mississippi River apply to Director, Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C., 20036; west of the Mississippi River apply to Mrs. Morris Pomeroy, Director, Recreation Center for the Handicapped, Great Highway near Sloat Boulevard, San Francisco, California.

TO PURCHASE: Apply to W. A. Palmer Films, Inc., 611 Mission Street, San Francisco, California, 94105.

RENTAL PRICE: West of the Mississippi a minimal charge of $5.00 for handling and postage.

PURCHASE PRICE: $165.00

Retardation Research

16 mm

sound

color

7 minutes

Featured is a special research project sponsored by the Pennsylvania Department of Public Instruction in which the Doman-Delacato Theory of Neuropsychology is applied to trainable mentally retarded children in public schools. Among the activities shown are crawling and creeping, monocular and binocular visual pursuit, auditory and tactile stimulation, kicking and throwing with the dominant part, those emphasizing cortical hemispheric dominance, and bilateral reinforcement. No assessment of the program is made although comments by the teacher reflect the progress of specific children.

TO RENT OR PURCHASE: Apply to Stuart Finley, 3428 Mansfield Road, Falls Church, Virginia, 22041.

RENTAL PRICE: $10.00

PURCHASE PRICE: $100.00

Roadwork

16 mm

silent

black and white

15 minutes

Roadwork is a program combining the use of different types of movement with interesting and challenging physical activities. A typical roadwork session is shown including "ambling," fast or race walking, jogging, trotting, sprinting, skipping, hopping, bounding, running backwards, and crawling. Various partner activities, stunts and tumbling activities, formal exercises or calisthentics, combatants, and self-testing activities are shown. Full use is made of the natural environment including use of fallen tree trunks, small ditches, hills, and trees. The film shows how the activities and this environment can be integrated into a vigorous, challenging, and interesting activity emphasizing fitness and skill development.

TO BORROW: Apply to Director, Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C., 20036.

TO PURCHASE: Apply to Dr. James N. Oliver, School of Education, The University, Birmingham 15, England.

PURCHASE PRICE: Approximately $50.00

Note: A taped narration accompanies this film which can be played during the showing of the film or used to become acquainted with the film for doing one's own narration.

Show Me

16 mm

sound

black and white

30 minutes

This film deals with some of the basic motor problems of the severely retarded (IQ 20-45). Filming was done at Wood County Retarded School (Ohio) with children (CA 6-14) who had no regular physical education program at the school. Many of the activities shown were new to these boys and girls who had their first exposure to them during the filming itself. The major teaching method employed and demonstrated involves exploration of movement. Sequences include activities which emphasize (a) movement in space, (b) time elements in movement, (c) force variations, (d) movement integration, (e) handling and manipulating objects, (f) rhythmic and creative expressions, and (g) partner work. Through active participation body image, body control and coordination, and object exploration are promoted. Creative use of simple, easily obtained and improvised objects is shown as a means of making the approach more meaningful to the child.

TO RENT OR PURCHASE: Apply to United World Films, Inc., 221 Park Avenue, South, New York, New York.

PURCHASE PRICE: $150.00 minimum; $200.00 maximum

Note: A booklet describing this program in detail accompanies the film which also may be obtained from Director, Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C., 20036.

Teaching the Mentally Retarded Through Music

16 mm kinescope

or videotape

sound

black and white

30 minutes per program

In each of four presentations, Dr. Richard Weber explains and demonstrates his approach to teaching the mentally retarded through music. By using a simple six note scale and combining letters, numbers, and other symbols, Dr. Weber shows how music becomes a motivator for developing writing and reading skills as well as a stimulus for better self-control. Dr. Weber points out that the method requires a minimum of supervision and that most teachers, parents, or volunteers can achieve similar results without specialized music background or training.

TO RENT OR PURCHASE: Apply to Governor's Interagency Council on Mental Retardation, 1001 Main Street, Room 205, Columbia, South Carolina, 29201.

Note: Programs may be shown individually, particularly number four but for best results they should be shown in sequence.

Therapeutic Camping

16 mm

sound

color

28 minutes

Although this film is built around a case study of Tom, an emotionally disturbed boy, the rationale, philosophy, activities, approaches, and the value derived from the camping program depicted are equally appropriate and applicable for the mentally retarded. Emphasis is upon a pre-planned, multi-disciplinary attack in planning and implementing a program designed to meet the needs of the individual. A variety of activities are shown and discussed in terms of their social, physical, and emotional contributions to the individual camper. The program makes every effort to remove the individual's negative attitudes and behavior patterns by stressing the positive.

TO RENT: Eastern States--Department of Health and Welfare, Office of Health and Education, Augusta, Maine; National Association for Mental Health, 267 West 25th Street, New York City; New York University Film Library, 26 Washington Place, New York City; Education Film Library, Syracuse University, New York; Ohio State University, Columbus; The Devereux Foundation, Devon, Pennsylvania; Bureau of Mental Health Services, Harrisburg, Pennsylvania; and, Audio-Visual Aids Library, Pennsylvania State University, University Park. Southeastern States--Audio-Visual Bureau, Extension Division, University of North Carolina, Chapel Hill. Southern States--The Devereux Schools, Victoria, Texas; Division of Extension, Visual Instruction Bureau, University of Texas, Austin. Mid-West States--Maurice Iverson, Assistant Director, Bureau of Audio-Visual Instruction, University of Wisconsin Extension Division, P. O. Box 2070, Madison. West Coast--The Devereux Schools, Santa Barbara, California.

TO PURCHASE: Apply to James A. Bowman, Audiovisual Department, Devereux Foundation, Devon, Pennsylvania, 19333.

PURCHASE PRICE: $135.00

Time Is for Taking

16 mm

sound

color

23 minutes

This is a broad film focusing on Camp Kentan, a residential camp for the mentally retarded in Middleburg, Virginia, which was sponsored by the Northern Virginia Association for Retarded Children. The film uses actual events as they happened in the everyday camp situations to provide a realistic insight into the world of the retarded child. Problems are honestly presented and dealt with by the counselors, many of them teenage volunteers.

TO BORROW OR RENT: Apply to Stuart Finley, 3428 Mansfield Road, Lake Barcroft, Falls Church, Virginia, 22041, for preview with intent to purchase. Some state associations for retarded children, college and university film libraries, public libraries, and service organizations have copies to loan or rent. Information Center-Recreation for the Handicapped, c/o Little Grassy Facilities, Southern Illinois University, Carbondale, has one print which it does loan.

TO PURCHASE: Apply to Stuart Finley (address above)

PURCHASE PRICE: $200.00

To Lighten the Shadows

16 mm

sound

black and white

20 minutes

Built around the First Institute for Camp Directors and Staff held at Little Grassy Facilities, Southern Illinois University, Carbondale, (March 1963), this film combines scenes from institute sessions with planned activities for retarded youngsters. Boys and girls are seen in typical camp activities as riding the bus to camp, arts and crafts, horseback riding, a weiner roast, nature crafts, singing activities, fishing, self-testing activities, and circle games. Outstanding teachers from the field are seen and heard in providing information about retardation, a rationale for recreation programing for the retarded, information about staff and leadership, and data about coordination between camp and home.

TO BORROW: Apply to Bert Lunan, Coordinator, Information Center-Recreation for the Handicapped, c/o Little Grassy Facilities, Southern Illinois University, Carbondale.

TO RENT OR PURCHASE: Apply to International Film Bureau, Inc., 332 S. Michigan Avenue, Chicago, Illinois, 60608.

RENTAL PRICE: $5.00

PURCHASE PRICE: $125.00

Toymakers

16 mm

sound

black and white

27 minutes

Toymakers presents the needs and nature of persons in residential facilities for the mentally retarded by showing brief incidents in the lives of several residents in a progressive facility. Three principal themes are emphasized: (1) The program in the modern residential facility seeks to develop the potential of every resident at every level. Treatment of the basic condition and training toward self-reliance are the goals of modern care; (2) The staff of the residential facility has the professional skills to meet many of the needs of the residents. However, parental love, the need for family contact, and individual attention from volunteers must be a planned inclusion of the total program; and (3) Although certain residents are prepared by the staff for community life, this can only be accomplished if communities are aware of the retarded person's needs, and provide special facilities to meet these needs.

TO RENT OR PURCHASE: Apply to Smith, Kline, and French, Medical Film Center, 1500 Spring Garden Street, Philadelphia, Pennsylvania, 19101.

Note: This film received the 1964 CINE Golden Eagle Award (Medicine and Public Health Category).

You're It

16 mm

sound

color

25 minutes

This film emphasizes the importance of recreation as a means of educating the mentally retarded. Specific examples of how participation in recreational programs can contribute to physical growth, social development, more productive use of leisure time, and vocational placement are discussed. Methods of dealing with the retarded in recreational programs, along with teaching hints and suggestions are important inclusions. Retarded youngsters of all ages are shown participating in a variety of activities (e.g., hide and seek, softball, cheerleading, camping, swimming, dancing, square dancing, ping-pong, pool, arts and crafts, and in passitve activities as watching television and listening to music). Statements by Stan Musial, William Freeburg, and John F. Kennedy are included.

TO RENT OR PURCHASE: Apply to Alden S. Gilmore or Thomas A. Rich, MacDonald Training Center, 4424 Tampa Bay Boulevard, Tampa, Florida, 33614.

RENTAL PRICE: $7.50 for two days; $5.00 for each additional two days.

PURCHASE PRICE: $250.00

Note: This film is restricted to educational, non-profit, non-commercial usage.

SLIDES

Innovative and Creative Equipment

35 mm
2 x 2

Many pieces and kinds of innovative and creative equipment which have been used successfully in physical education and recreation programs for the mentally retarded all over the country are included. Most are homemade, inexpensive, and constructed from readily available materials. Development of specific motor and perceptual-motor skills are encouraged by using each device.

TO BORROW OR PURCHASE: Apply to Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C., 20036.

Note: New slides are continuously being added to this program. A taped description accompanies the slides.

Project Breakthrough

35 mm
2 x 2

59 slides

A special physical education and recreation project for the mentally retarded is a part of the Boulder Valley Public Schools (Colorado). Educable mentally retarded youngsters (elementary and junior high school) are shown participating in a variety of activities. Many of the creative and innovative techniques used in the program are depicted (e.g., circuit training, special equipment, motivational devices, integration and correlation with other parts of the curriculum).

TO BORROW OR PURCHASE: Apply to Project on Recreation and Fitness for the Mentally Retarded, American Association for Health, Physical Education, and Recreation, 1201 Sixteenth Street, N.W., Washington, D. C., 20036.

Note: A taped description accompanies the slides.

Summer at Seaside

sound strip

22 minutes

The comprehensive recreation program at Seaside Regional Center (Waterford, Connecticut) is described. Focus is on the summer program including the day camp, aquatic and water front activities, field trips, special events of all kinds, and active and passive activities. The enthusiasm, enjoyment, and satisfaction derived by the participants are reflected throughout the program.

TO BORROW: Apply to Mr. Fred Finn, Superintendent, Seaside Regional Center, Waterford, Connecticut.

Note: Must be shown on Kalart Sound Strip Projector.

RECORDS

Basic Concepts Through Dance for Exceptional Children--Body Image (EALP 601)

In this album each dance is repeated in several tempos, ranging from slow through medium and regular. The recording in regular tempo consists of music only. Complete verbal instructions for each dance, as well as cues are given on the record. Dances have been simplified by the elimination of difficult steps, patterns and instructions. Included are *Hokey Pokey, Hansel and Gretel, Chimes of Dunkirk, and Hitch Hiker.*

Finger Games (LP 506)

Rhythmic verses combined with hand motions are enjoyed by all children. Children respond enthusiastically to the warmth and clarity of this presentation and will enjoy the rhythmic movement and imaginative song patterns. Listening, learning, and coordination are valuable by-products of these enjoyable games.

The Importance of Rhythmic Movement (Album 29)

These rhythms are intended to develop a child's creative ability while providing opportunity for meaningful movement and activity. Rhymes may be read as suggestions for action or may be sung as the action is performed. They are designed to heighten the children's awareness of what they are doing, enrich their vocabulary, and help them become more articulate. The rhythms and rhymes together may be used for unit or experience enrichment: circus, western nature, transportation, space.

Listening and Moving: Developing the Perceptual-Motor Abilities of Primary Level Children (LP 606-7)

This album provides a sequentially-developed training program to help pupils establish necessary perceptual-motor skills. The training includes the sequential development of agility, balance, combination balance and locomotor agility, turning locomotor agility, complex locomotor agility, etc.

Listening and Moving: The Development of Body Awareness and Position in Space (LP 605)

This album provides a researched and sequentially-developed training program to help the pupil establish an accurate awareness of his body and its position in space. The program develops from perception of body surface through directionality of self and other objects.

Multipurpose Singing Games (EALP 510)

These multipurpose singing games offer a variety of moods and subjects. They were designed to aid in the development of both classroom and physical fitness skills. The activities encourage purposeful listening and help develop agility, coordination, spontaneity, rhythm, and dramatic expression.

Simplified Folk Dance Favorites for Exceptional Children (EALP 602)

In this album each sequence is repeated in several tempos, ranging from slow through medium and regular. The recording in regular tempo consists of music only. Complete verbal instructions for each dance, as well as cues are given on the record. Dances have been simplified by the elimination of difficult steps, patterns, and instructions. Included are *Lili Marlen*, *Oh Susanna*, *Virginia Reel*, and *La Raspa*.

Singing Action Games (LP 507)

Bright and sprightly singing action games that require neither partners nor the necessity to learn specific steps and movements are included. Children are encouraged to use their imagination and ability to pretend. Imaginative instructions keep children listening and enable them to understand readily. Desirable classroom attitudes such as attention, obedience and enthusiastic response are encouraged. Interpretation and movement can be enlarged by the teacher to suit the needs of the class.

TO PURCHASE: Educational Activities, Inc., Freeport, New York, 11520

Special Folk Dances (LPM-1619)

Music for Tinikling (Philippine Stick Dance) is a part of this record. Tempo of the record is such that a variety of patterns and steps can be used as lead-ups or in place of the regular steps. Complete explanation and instructions are included for Tinikling and a number of other foreign folk dances.

TO PURCHASE: See your local R.C.A. Victor dealer

Physical Fitness for All Grades (Pre-School and Kindergarten, RRC703; Primary Grades, RRC803; Intermediate Grades, RRC903; Teen-Adults, RRC1403)

Each record contains activities designed for gymnasium or classroom use to promote various elements of physical fitness. Stimulating music and complete verbal instructions to the participant make each record usable with or without teacher or parent direction. Each of the four records has been planned for a specific age group.

Rhythms and Dance (Creative Rhythms, RRC103 and RRC2103; Rhythm Band, RRC1003 and RRC2003; Folk Rhythms, RRC303; Dance Steps, RRC1303; Dance Record--with partners for intermediate grades--RRC2303)

A progressive program of rhythms and dance is included in this series. Action, initative, and creative rhythms (RRC103 and RRC2103), children's dances (RRC303), dances without partners (RRC1303) and with partners (RRC2303) form the basis for a varied rhythm and dance program. Records for rhythm band accompaniment, music appreciation, and as background for a variety of other activities are available (RRC1003 and RRC2003).

Records for Specific Teaching Purposes (Hand Rhythms, RRC2203; Pre-School Activities, RRC1703; Modern Mother Goose, RRC3103; Reading-Number Readiness, RRC203; Words-Movement, RRC1203)

Action songs and singing games create a happy atmosphere for learning. Stimulating activities set to music promote the development of specific readiness skills, aid in the development of selected motor and perceptual-motor abilities, and stress relationships between various body parts.

TO PURCHASE: Rhythm Record Company, 9203 Nichols Road, Oklahoma City, Oklahoma

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Songs and Games of Physical Fitness for Boys and Girls (LP 114)

This record consists of a group of song-exercise games especially designed for children four to eight years old. The original lyrics about subjects appealing to children of these ages have been written to correlate with specific exercises: *Alphabet Exercise, Foot to Head, My Little Airplane, Circus Day, Toyland,* and *Posture Pete.*

TO PURCHASE: Golden Records, Department of M.G., 630 Fifth Avenue, New York, New York, 10020

First Lessons in Creative Movement (QTLP 507)

The purpose of this album is to introduce young children to movement and dancing in an elementary form as a physical expression of feeling and moods, and to widen their contact with other living and moving creatures around them. While enjoying creative activity, the child will be going through the basic exercises that are the foundation for a healthy and strong body, coordination and dance training, and physical fitness. The children use their bodies in planned physical activities, stretching, contracting, expanding, and discovering elementary differences between fast and slow through walking, running, and skipping. Included are rhythms to stimulate the child's imagination through fantasy.

The Old Woman in the Shoe (QTLP 503)

This is a charming production for children with original choreography and music. Included are exercises and barre that can be used by pre-school and very young children.

Music for Creative Pre-Schoolers (QTLP 504)

This album makes it easy to guide very young children in activities designed to uncover their creative abilities. Twelve songs for all types of dance and physical activities are included. One side has vocals on all of the twelve songs while the other side is instrumental.

33 Rhythms for Children (QTLP 505)

This album will provide a starting point for additional rhythmic training, designed to develop a feeling in the child for musical activity and to develop their muscles for more difficult skills. Included is music for developing fundamental movements as well as that for which the children can create his own interpretations.

TO PURCHASE: Statler Records, 73 Fifth Avenue, New York, New York, 10003

Childhood Rhythms - Series I (Elementary Rhythms)

Fundamental rhythms provide an introduction to simple rhythmic movement; some rhythms stimulate interest in dramatizing animals and toys while others suggest dramatic interpretation.

Childhood Rhythms - Series II (Intermediate Rhythms)

These rhythms provide background music for responses involving combinations of movement; some suggest various ways of bouncing balls and jumping rope while others will stimulate original movement patterns.

TO PURCHASE: Ruth Evans, Box 132, Branch X, Springfield, Massachusetts

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Play and Learn Sound Series

Group directions for physical activities are superimposed on records in which familiar music serves as a base. Subjects of interest are used so that a variety of educational objectives can be fulfilled through music and meaningful movement. A number of specific subjects and topics are included in this series: Circus Days, Animals in the Zoo, Ten Little Indians, Astronaut's Swing, Safety Leader, Pony Express, Christmas in Chile, etc. Each record last approximately five minutes and deals with a single subject or topic.

TO PURCHASE: Summit Industries, P.O. Box 415, Highland Park, Illinois

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Keep Fit/Be Happy with Bonnie Prudden (1358)

Basic exercises involving key posture muscles emphasize strengthing and stretching activities that can be used by individuals of any age and of either sex; they can be used by one person alone or for groups. One side is made up of separate exercises set to vibrant music; the other side consists of three patterns in which the exercises learned on side one are put together into sequences. Each vocal sequence is followed by the same music instrumentally.

Keep Fit/Be Happy Number 2 (1445)

The exercises on this record vary from easy to quite difficult with everyone able to do most of them while a few are for the most fit. The fourteen bands provide a rounded, conditioning program as the exercises on each band are put together in patterns which are learned exactly as a song through repetition.

TO PURCHASE: Warner Brothers, Hollywood, California

Chicken Fat (Capitol CF-1000)

This is the official song of the President's Council on Physical Fitness. Directions are given on the record for each exercise. Music and rhythm are snappy and envigorating so that the child will be stimulated to action and activity. The school version, encompassing eleven different exercise patterns lasts six and one-half minutes. A shorter two and one-half minute version with just a few exercise patterns is on the other side.

TO PURCHASE: U.S. Junior Chamber of Commerce, Box 7, Tulsa, Oklahoma, 74102

TAPES

National Conference on Programing for the Mentally Retarded (tape recordings; seven inch reels; 3 3/4 IPS full track)

A National Conference on Programing for the Mentally Retarded was sponsored by the Project on Recreation and Fitness for the Mentally Retarded in the fall of 1966. Outstanding personalities and leaders of the movement which calls for more physical activity and recreational opportunities for the mentally retarded presented lectures, participated in panel discussions, led demonstrations, and gave audiovisual presentations. All sessions of the Conference were taped so that the proceedings would be preserved as they actually happened. Each session is listed below:

Number 1	A New Dawn (Maynard Reynolds)
2	Importance of Physical Activity for the Mentally Retarded (Dr. Julian U. Stein) and Physical Education and Recreation for the Mentally Retarded (Trygve Lie)
3	Teamwork Approach to Programing (Dolores Geddes, Dr. George Wilson, Mrs. Janet Pomeroy, Dr. John Ogden)
5	An Approach to Neurological Organization (Dr. Lou Bowers)
9	Financial Assistance and Resource Materials Available (Wally Babington, Dr. John Webster, Dr. George Olshin, Charles Meisgeier, Dr. Tony Vaughn)
10	Perceptual Motor Abilities of Mentally Retarded Youth (Dr. Bryant Cratty)
11	Community Residential Facilities Cooperation (Joan Ramm)
12	Young Adult Recreation Programs for the Retarded (Dr. David Ginglend)
13	Scouting for Retarded (Mart Bushnell)
14	Recreation for the Severely and Profoundly Retarded (Bill Hillman)
16	A Challenge to Action (Mrs. Eunice Kennedy Shriver)

TO PURCHASE: Apply to National Education Association Division of Educational Technology, 1201 Sixteenth Street, N.W., Washington, D. C., 20036.

PURCHASE PRICE: $3.50 per tape; complete set $50.00